

Fort-Fun Westernlauf 2006

Ergebnisliste

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| 7. | 16. | 7. | 116 | Blome, Kai | 1999 | m | TuS Sundern/Leichtathletik | 2:54 |
| 9. | 19. | 10. | 278 | Bartmann, Gideon | 1999 | m | Lauffreunde Bönen 1985 e.V | 2:56 |
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| 15. | 30. | 18. | 313 | Baust, Marcel | 1999 | m | BC Eslohe | 3:04 |
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| 2. | 97. | 40. | 730 | Horn, Sandra | 1998 | w | TV Arnsberg | 06:03 |
| 3. | 166. | 74. | 197 | Thiel, Melissa | 1998 | w | LAC Veltins TuS Oeventrop | 06:32 |
| 4. | 175. | 77. | 399 | Pötter, Luise | 1998 | w | LG Emsaue 04 - Team Clarholz | 06:37 |
| 5. | 200. | 89. | 424 | Düsterhus, Lara | 1998 | w | VFL Sassenberg | 06:51 |
| 6. | 233. | 109. | 423 | Horstmann, Carina | 1998 | w | VFL Sassenberg | 07:17 |
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| 16. | 290. | 143. | 119 | Drölle, Jana | 1998 | w | TuS Sundern/Leichtathletik | 08:22 |
| 17. | 299. | 151. | 224 | Lux, Victoria | 1998 | w | Ski-Club Bödefeld | 08:44 |
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| 19. | 303. | 154. | 127 | Blöink, Sophie | 1998 | w | TuS Sundern/Leichtathletik | 09:05 |
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| 2. | 64. | 25. | 400 | Westmark, Nora | 1997 | w | LG Emsaue 04 - Team Clarholz | 05:53 |
| 3. | 82. | 30. | 296 | Kröner, Vanessa | 1997 | w | Lauffreunde Bönen 1985 e.V | 05:58 |
| 4. | 89. | 34. | 294 | Imgenberg, Wibke | 1997 | w | Lauffreunde Bönen 1985 e.V | 05:59 |
| 5. | 96. | 39. | 729 | Kleine, Ina | 1997 | w | TV Arnsberg | 06:02 |
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| 7. | 143. | 62. | 222 | Scholz, Marielena | 1997 | w | Ski-Club Bödefeld | 06:23 |
| 8. | 160. | 71. | 500 | Nenn, Maike | 1997 | w | TuS Velmede-Bestwig | 06:29 |
| 9. | 202. | 90. | 175 | Severin, Michéle | 1997 | w | TuS Sundern/Leichtathletik | 06:52 |
| 10. | 232. | 108. | 114 | Keggenhoff, Svenja | 1997 | w | TuS Sundern/Leichtathletik | 07:17 |
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| 11. | 239. | 112. | 320 | Dewenter, Svenja | 1997 | w | (Beverungen) | 07:21 |
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| 14. | 272. | 132. | 912 | Gamm, Johanna | 1997 | w | VFL Fleckenberg | 07:59 |
| 15. | 285. | 139. | 216 | Schulte-Göbel, Sophia | 1997 | w | Ski-Club Bödefeld | 08:15 |
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| 3. | 108. | 43. | 293 | Budde, Katharina | 1996 | w | Lauffreunde Bönen 1985 e.V | 06:07 |
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| 5. | 126. | 51. | 884 | Gözütok, Sara | 1996 | w | Lauffreunde Bönen 1985 e.V | 06:16 |
| 6. | 133. | 56. | 401 | Pötter, Hannah | 1996 | w | LG Emsaue 04 - Team Clarholz | 06:20 |
| 7. | 139. | 60. | 289 | Lüblinghoff, Lena | 1996 | w | Lauffreunde Bönen 1985 e.V | 06:21 |
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| 29. | 321. | 170. | 57 | Draack, Jahna | 1996 | w | Wittekind Runners Hamm | 10:15 |
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| 3. | 53. | 19. | 975 | Gnad, Janina | 1995 | w | TV Germania Ostwig | 05:46 |
| 4. | 54. | 20. | 7 | Paassen, Irene | 1995 | w | TuS Vosswinkel | 05:48 |
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| 24. | 220. | 98. | 81 | Bathen, Sofie | 1995 | w | TuS Valmetal e.V. | 07:04 |
| 25. | 230. | 106. | 304 | Grosskopp, Hannah | 1995 | w | Lauffreunde Bönen 1985 e.V | 07:15 |
| 26. | 245. | 116. | 866 | Schütz, Henrike | 1995 | w | SC Hagen-Wildewiese | 07:28 |
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| 28. | 280. | 137. | 63 | Uelfer, Sarah | 1995 | w | Wittekind Runners Hamm | 08:09 |
| 29. | 294. | 147. | 64 | Teschke, Jessica | 1995 | w | Wittekind Runners Hamm | 08:25 |
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| 9. | 90. | 35. | 451 | Schmidt, Giulia | 1994 | w | TV Werne 03 | 05:59 |
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| 12. | 127. | 52. | 73 | Köster, Verena | 1994 | w | TuS Valmetal e.V. | 06:16 |
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| 20. | 213. | 93. | 24 | Labe, Anna | 1994 | w | TuS Valmetal e.V. | 07:00 |
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| 22. | 223. | 100. | 395 | Braun, Jessica | 1994 | w | LAC Veltins TV 1890 Schmallenberg | 07:05 |
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| 27. | 273. | 133. | 808 | Imran, Elisabeth | 1994 | w | Laufteam Ketteler-Schule | 07:59 |
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| 3. | 37. | 11. | 407 | Horstkötter, Lena | 1993 | w | LG Emsaue 04 - Team Clarholz | 05:35 |
| 4. | 40. | 13. | 202 | Gunkel, Claire | 1993 | w | SC Fretter | 05:38 |
| 5. | 41. | 14. | 872 | Schröder, Lucia | 1993 | w | SC Hagen-Wildewiese | 05:39 |
| 6. | 47. | 16. | 22 | Friedrichs, Janine | 1993 | w | TuS Valmetal e.V. | 05:43 |
| 7. | 65. | 26. | 30 | Padberg, Angelika | 1993 | w | Wittekind Runners Hamm | 05:53 |
| 8. | 76. | 29. | 158 | Volpert, Lisa-Marie | 1993 | w | LAC Veltins TuRa Freienohl | 05:56 |
| 9. | 93. | 36. | 365 | Arens, Marie | 1993 | w | LAC Veltins Hochsauerland | 06:00 |
| 10. | 94. | 37. | 165 | Blessenohl, Katja | 1993 | w | LAC Veltins TuRa Freienohl | 06:01 |
| 11. | 104. | 42. | 406 | Schwarze, Wanda | 1993 | w | LG Emsaue 04 - Team Clarholz | 06:05 |
| 12. | 114. | 46. | 857 | Kremer, Lena | 1993 | w | SC Fretter | 06:10 |
| 13. | 121. | 49. | 159 | Göddecke, Vanessa | 1993 | w | LAC Veltins TuRa Freienohl | 06:15 |
| 13. | 124. | 49. | 428 | Ellebracht, Lisa | 1993 | w | VFL Sassenberg | 06:15 |
| 15. | 138. | 59. | 956 | Feldmann, Katharina | 1993 | w | (Attendorn) | 06:21 |
| 16. | 145. | 63. | 21 | Friedrichs, Jennifer | 1993 | w | TuS Valmetal e.V. | 06:23 |
| 17. | 147. | 64. | 195 | Theune, Vivien | 1993 | w | TuS Valmetal e.V. | 06:24 |
| 18. | 149. | 66. | 356 | Chowanietz, Julia | 1993 | w | TuS Valmetal e.V. | 06:25 |
| 19. | 153. | 68. | 321 | Fink, Christina | 1993 | w | TuS Valmetal e.V. | 06:26 |

| | | | | | | | | |
|-----|------|------|-----|--------------------|------|---|--------------------------|-------|
| 20. | 182. | 80. | 806 | Dik, Diana | 1993 | w | Laufteam Ketteler-Schule | 06:40 |
| 21. | 187. | 83. | 814 | Niemeyer, Sabrina | 1993 | w | Laufteam Ketteler-Schule | 06:42 |
| 22. | 195. | 87. | 933 | Honerpeik, Nadine | 1993 | w | | 06:49 |
| 23. | 205. | 91. | 849 | Selcuk, Neslihan | 1993 | w | Laufteam Ketteler-Schule | 06:53 |
| 24. | 228. | 104. | 820 | Tutkun, Gizem | 1993 | w | Laufteam Ketteler-Schule | 07:10 |
| 25. | 247. | 118. | 803 | Aras, Esra | 1993 | w | Laufteam Ketteler-Schule | 07:28 |
| 26. | 248. | 119. | 32 | Franke, Nadja | 1993 | w | Wittekind Runners Hamm | 07:30 |
| 27. | 250. | 121. | 805 | Demir, Göksu | 1993 | w | Laufteam Ketteler-Schule | 07:32 |
| 28. | 261. | 125. | 848 | Legrottaglie, Enza | 1993 | w | Laufteam Ketteler-Schule | 07:45 |
| 29. | 264. | 127. | 804 | Aydin, Ipek | 1993 | w | Laufteam Ketteler-Schule | 07:47 |
| 30. | 271. | 131. | 810 | Malki, Sabrina | 1993 | w | Laufteam Ketteler-Schule | 07:59 |
| 31. | 276. | 134. | 823 | Yasar, Fatma | 1993 | w | Laufteam Ketteler-Schule | 08:05 |
| 31. | 276. | 134. | 818 | Reger, Kristin | 1993 | w | Laufteam Ketteler-Schule | 08:05 |
| 33. | 278. | 136. | 807 | Eppendorf, Melanie | 1993 | w | Laufteam Ketteler-Schule | 08:06 |
| 34. | 292. | 145. | 813 | Naber, Julia | 1993 | w | Laufteam Ketteler-Schule | 08:23 |
| 35. | 311. | 162. | 817 | Plugge, Anna-Lena | 1993 | w | Laufteam Ketteler-Schule | 09:31 |
| 36. | 314. | 165. | 821 | Uccheddu, Jennifer | 1993 | w | Laufteam Ketteler-Schule | 09:38 |

M8

| | | | | | | | | |
|-----|------|------|-----|------------------------|------|---|----------------------------|-------|
| 1. | 30. | 23. | 318 | Brand, Tim | 1998 | m | (Sundern) | 05:32 |
| 2. | 92. | 57. | 479 | Péus, Lars | 1998 | m | FC Ostwig-Nuttlar | 06:00 |
| 3. | 158. | 89. | 374 | Asmuth, Philipp | 1998 | m | TGH Wetter | 06:29 |
| 4. | 167. | 93. | 232 | Wegener, Jannis | 1998 | m | Ski-Club Bödefeld | 06:32 |
| 5. | 188. | 105. | 124 | Laqua, Florian | 1998 | m | TuS Sundern/Leichtathletik | 06:44 |
| 6. | 190. | 107. | 111 | Grote, Hannes | 1998 | m | TuS Sundern/Leichtathletik | 06:46 |
| 7. | 201. | 112. | 325 | Köhne, Corvin | 1998 | m | TSV Victoria Clarholz | 06:52 |
| 8. | 204. | 114. | 974 | Schmidt, Nainoa | 2000 | m | TV Werne 03 | 06:52 |
| 9. | 211. | 119. | 376 | Potthast, Bastian | 1998 | m | TGH Wetter | 06:59 |
| 10. | 214. | 121. | 27 | Vogt, Nilson | 1998 | m | SSV Meschede | 07:01 |
| 11. | 235. | 126. | 120 | Brechmann, Felix | 1998 | m | TuS Sundern/Leichtathletik | 07:19 |
| 12. | 254. | 131. | 497 | Kamit, Kerim | 1998 | m | TuS Valmetal e.V. | 07:35 |
| 13. | 262. | 137. | 368 | Lockmann, Patrick | 1998 | m | LAC Veltins Hochsauerland | 07:46 |
| 14. | 267. | 139. | 142 | Kukic, Niko | 1998 | m | SV Berlar | 07:49 |
| 15. | 279. | 143. | 972 | Schmitz-Klüwer, Moritz | 1999 | m | TV Werne 03 | 08:08 |
| 16. | 281. | 144. | 48 | Bulut, Metehan | 1998 | m | Wittekind Runners Hamm | 08:09 |
| 17. | 284. | 146. | 125 | Schmoll, Leonhard | 1998 | m | TuS Sundern/Leichtathletik | 08:14 |
| 18. | 317. | 151. | 181 | Krämer, Joschka | 1998 | m | (Bestwig) | 09:53 |

M9

| | | | | | | | | |
|----|------|-----|-----|---------------------|------|---|-----------------------------------|-------|
| 1. | 49. | 32. | 412 | Köhne, Cedric | 1997 | m | LG Emsaue 04 - Team Clarholz | 05:45 |
| 2. | 51. | 33. | 457 | Siebels, Benjamin | 1997 | m | TV Werne 03 | 05:46 |
| 3. | 68. | 41. | 382 | Zecha, Caspar | 1997 | m | LAC Veltins TV 1890 Schmallenberg | 05:53 |
| 4. | 75. | 47. | 895 | Karatajew, Johann | 1997 | m | Arnsberg 09 | 05:56 |
| 5. | 85. | 54. | 221 | Scholz, Niklas | 1997 | m | Ski-Club Bödefeld | 05:58 |
| 5. | 85. | 54. | 383 | Belessis, Alexandro | 1997 | m | LAC Veltins TV 1890 Schmallenberg | 05:58 |
| 7. | 91. | 56. | 163 | Humpert, Marius | 1997 | m | LAC Veltins TuRa Freienohl | 05:59 |
| 8. | 113. | 68. | 2 | Aßhoff, Hendrik | 1997 | m | SC Neheim | 06:10 |
| 9. | 122. | 73. | 132 | Sommer, Christoph | 1997 | m | TV Neheim | 06:15 |
| 9. | 122. | 73. | 905 | Giacco, Luca | 1997 | m | Arnsberg 09 | 06:15 |

| | | | | | | | | |
|-----|------|------|-----|--------------------|------|---|----------------------------|-------|
| 11. | 137. | 79. | 15 | Rafalcic, Lukas | 1997 | m | TuS Belecke | 06:21 |
| 12. | 156. | 87. | 315 | Baust, Tobias | 1997 | m | BC Eslohe | 06:28 |
| 13. | 164. | 91. | 83 | Plaßwilm, Eric | 1997 | m | (Rüthen) | 06:31 |
| 13. | 164. | 91. | 862 | Schütz, Caspar | 1997 | m | SC Hagen-Wildewiese | 06:31 |
| 15. | 171. | 95. | 162 | Bredt, Marius | 1997 | m | LAC Veltins TuRa Freienohl | 06:34 |
| 16. | 189. | 106. | 143 | Hesse, Patrick | 1997 | m | SV Berlar | 06:44 |
| 17. | 196. | 109. | 352 | Adrovic, Denis | 1997 | m | TuS Valmetal e.V. | 06:49 |
| 18. | 199. | 111. | 231 | Wegener, Tom | 1997 | m | Ski-Club Bödefeld | 06:50 |
| 19. | 208. | 116. | 170 | Parsiela, Gerion | 1997 | m | LAC Veltins TuRa Freienohl | 06:55 |
| 20. | 209. | 117. | 971 | Siewers, Jari | 1997 | m | (Eslohe) | 06:56 |
| 21. | 210. | 118. | 902 | Gorajew, Christian | 1997 | m | Arnsberg 09 | 06:58 |
| 22. | 212. | 120. | 151 | Nagel, Yannic | 1997 | m | TuS Valmetal e.V. | 06:59 |
| 23. | 255. | 132. | 145 | Schmitten, Steffen | 1997 | m | SV Berlar | 07:39 |
| 24. | 256. | 133. | 737 | Brudny, Oliver | 1997 | m | SC Fenedyk | 07:40 |
| 25. | 258. | 134. | 353 | Deitmerg, Niklas | 1997 | m | (Eslohe) | 07:43 |
| 25. | 260. | 136. | 370 | Pilgram, Maik | 1997 | m | LAC Veltins Hochsauerland | 07:43 |
| 27. | 275. | 142. | 892 | Rose, Timothy | 1997 | m | Arnsberg 09 | 08:05 |

M10

| | | | | | | | | |
|-----|------|------|-----|-----------------------|------|---|--------------------------------------|-------|
| 1. | 2. | 2. | 200 | Gunkel, Leif | 1996 | m | SC Fretter | 04:57 |
| 2. | 5. | 5. | 736 | Herrmann, Tobias | 1996 | m | LG Warstein,Rüthen,Soest | 05:11 |
| 3. | 9. | 8. | 322 | Fink, Daniel | 1996 | m | TuS Valmetal e.V. | 05:21 |
| 4. | 18. | 14. | 349 | Lex, Johannes | 1996 | m | LAC Veltins TV Neheim | 05:26 |
| 5. | 23. | 17. | 864 | Willeke, Manuel | 1996 | m | SC Hagen-Wildewiese | 05:29 |
| 6. | 28. | 21. | 489 | Bauer, Simon | 1996 | m | LAC Veltins VFL Fleckenberg | 05:31 |
| 7. | 36. | 26. | 413 | Westphal, Simon | 1996 | m | LG Emsaue 04 - Team Clarholz | 05:34 |
| 8. | 55. | 35. | 384 | Braun, Maik | 1996 | m | LAC Veltins TV 1890 Schmallenberg | 05:49 |
| 9. | 77. | 48. | 377 | Vorderwülbecke, Lukas | 1996 | m | (Olsberg) | 05:56 |
| 10. | 79. | 50. | 357 | Chowanietz, Tom | 1996 | m | TuS Valmetal e.V. | 05:57 |
| 10. | 81. | 52. | 18 | Zimmermann, Kevin | 1996 | m | LAC Veltins TuS Oeventrop | 05:57 |
| 12. | 103. | 62. | 431 | Niemerg, Dominik | 1996 | m | VFL Sassenberg | 06:05 |
| 13. | 107. | 65. | 112 | Grote, Christoph | 1996 | m | TuS Sundern/Leichtathletik | 06:07 |
| 14. | 119. | 71. | 228 | Susewind, Johannes | 1996 | m | Ski-Club Bödefeld | 06:13 |
| 14. | 119. | 71. | 968 | Higgins, Breandan | 1996 | m | BSV Fürstenberg | 06:13 |
| 16. | 129. | 76. | 75 | Scheeren, Tobias | 1996 | m | TuS Valmetal e.V. | 06:18 |
| 17. | 141. | 80. | 93 | Henneke, Jannik | 1996 | m | TuS Valmetal e.V. | 06:22 |
| 18. | 144. | 82. | 358 | Schüttler, Felix | 1996 | m | TuS Valmetal e.V. | 06:23 |
| 19. | 154. | 86. | 302 | Franke, Maximilian | 1996 | m | Lauffreunde Bönen 1985 e.V | 06:27 |
| 20. | 169. | 94. | 107 | Schell, Fabian | 1996 | m | Landeier | 06:34 |
| 21. | 174. | 98. | 863 | Becker, Mathis | 1996 | m | SC Hagen-Wildewiese | 06:35 |
| 22. | 185. | 104. | 937 | Lehnert, Chris | 1996 | m | SC Hagen-Wildewiese | 06:41 |
| 23. | 191. | 108. | 13 | Keiper, Jonas | 1996 | m | TuS Belecke | 06:46 |
| 24. | 203. | 113. | 6 | Möller, Florian | 1996 | m | Kinderlaufftreff Vlotho | 06:52 |
| 25. | 238. | 127. | 118 | Drölle, Lukas | 1996 | m | TuS Sundern/Leichtathletik | 07:20 |
| 26. | 268. | 140. | 106 | Bäcker, Nils | 1996 | m | Landeier | 07:51 |
| 27. | 283. | 145. | 932 | Ruhe, Patrick | 1996 | m | (Everswinkel) | 08:10 |
| 28. | 287. | 147. | 940 | Liesen, Felix | 1996 | m | TSV Bigge-Olsberg | 08:16 |
| 29. | 301. | 149. | 58 | Eren, Mustafa | 1996 | m | Wittekind Runners Hamm | 09:00 |

M11

| | | | | | | | | |
|-----|------|------|-----|--------------------|------|---|--------------------------------------|-------|
| 1. | 13. | 11. | 138 | Stein, Tim | 1995 | m | TV Arnsberg | 05:22 |
| 2. | 20. | 15. | 385 | Belessis, Jannis | 1995 | m | LAC Veltins TV 1890 Schmallenberg | 05:27 |
| 3. | 25. | 18. | 970 | Beltermann, Paul | 1995 | m | SSV Allendorf | 05:29 |
| 4. | 27. | 20. | 196 | Thiel, Dominik | 1995 | m | LAC Veltins TuS Oeventrop | 05:31 |
| 5. | 45. | 30. | 285 | Maletz, Steffen | 1995 | m | Lauffreunde Bönen 1985 e.V | 05:42 |
| 6. | 69. | 42. | 167 | Dichtel, Alexander | 1995 | m | LAC Veltins TuRa Freienohl | 05:54 |
| 6. | 72. | 45. | 317 | Brand, Robin | 1995 | m | (Sundern) | 05:54 |
| 8. | 78. | 49. | 867 | Appelhans, Aaron | 1995 | m | SC Hagen-Wildewiese | 05:56 |
| 9. | 115. | 69. | 432 | Düsterhus, Tim | 1995 | m | VFL Sassenberg | 06:11 |
| 10. | 131. | 77. | 166 | Büttner, Andre | 1995 | m | LAC Veltins TuRa Freienohl | 06:19 |
| 11. | 151. | 84. | 491 | Gawehn, Max | 1995 | m | LAC Veltins VFL Fleckenberg | 06:26 |
| 12. | 172. | 96. | 311 | Baust, Florian | 1995 | m | BC Eslohe | 06:34 |
| 13. | 173. | 97. | 72 | Bathen, Niclas | 1995 | m | TuS Valmetal e.V. | 06:35 |
| 14. | 177. | 99. | 802 | Schepers, Felix | 1995 | m | Laufteam Ketteler-Schule | 06:37 |
| 15. | 227. | 124. | 924 | Göddecke, Pascal | 1995 | m | LAC Veltins TuRa Freienohl | 07:09 |
| 16. | 234. | 125. | 801 | Reinicke, Henry | 1995 | m | Laufteam Ketteler-Schule | 07:19 |
| 17. | 265. | 138. | 472 | Hachmann, Lukas | 1995 | m | TV Germania Ostwig | 07:48 |
| 18. | 316. | 150. | 800 | Grundkötter, Timo | 1995 | m | Laufteam Ketteler-Schule | 09:43 |

M12

| | | | | | | | | |
|-----|------|------|-----|-------------------------------|------|---|------------------------------|-------|
| 1. | 4. | 4. | 434 | Polomka, Niklas | 1994 | m | VFL Sassenberg | 05:01 |
| 2. | 6. | 6. | 416 | Schwarze, Oskar | 1994 | m | LG Emsaue 04 - Team Clarholz | 05:14 |
| 3. | 8. | 7. | 868 | Becker, Fabian | 1994 | m | SC Hagen-Wildewiese | 05:17 |
| 4. | 12. | 10. | 450 | Schmitz-Klüner, Maximilian | 1994 | m | TV Werne 03 | 05:22 |
| 5. | 21. | 16. | 433 | Röttger, Tim | 1994 | m | VFL Sassenberg | 05:28 |
| 6. | 38. | 27. | 414 | Mathmann, Jan | 1994 | m | LG Emsaue 04 - Team Clarholz | 05:36 |
| 7. | 42. | 28. | 350 | Lex, Lukas | 1994 | m | BSV Bergheim | 05:39 |
| 8. | 46. | 31. | 220 | Scholz, Sebastian | 1994 | m | Ski-Club Bödefeld | 05:42 |
| 9. | 58. | 36. | 453 | Gründken, Simon | 1994 | m | TV Werne 03 | 05:52 |
| 10. | 67. | 40. | 830 | Urban, Marvin | 1994 | m | Laufteam Ketteler-Schule | 05:53 |
| 11. | 70. | 43. | 927 | Pecko, Peter | 1994 | m | LAC Veltins TuRa Freienohl | 05:54 |
| 12. | 80. | 51. | 34 | Gökcek, Burak | 1994 | m | Wittekind Runners Hamm | 05:57 |
| 13. | 83. | 53. | 398 | Wenschlag, Tobias | 1994 | m | LAC Veltins SSV Meschede | 05:58 |
| 14. | 100. | 59. | 396 | Helmer, Daniel | 1994 | m | FTG Frankfurt | 06:04 |
| 15. | 105. | 63. | 105 | Bäcker, Patrick | 1994 | m | Landeier | 06:06 |
| 16. | 111. | 67. | 338 | Simon, Martin | 1994 | m | Blau-Weiß Verlar | 06:08 |
| 17. | 118. | 70. | 70 | Bette, Alexander | 1994 | m | TuS Valmetal e.V. | 06:13 |
| 18. | 125. | 75. | 161 | Schürer, Patrick | 1994 | m | LAC Veltins TuRa Freienohl | 06:16 |
| 19. | 135. | 78. | 493 | Bauer , Johannes | 1994 | m | LAC Veltins VFL Fleckenberg | 06:20 |
| 20. | 142. | 81. | 869 | Schütz, Ruben | 1994 | m | SC Hagen-Wildewiese | 06:22 |
| 21. | 146. | 83. | 870 | Arnold, Leonard | 1994 | m | SC Hagen-Wildewiese | 06:24 |
| 22. | 152. | 85. | 71 | Nieder, Frederik | 1994 | m | TuS Valmetal e.V. | 06:26 |
| 23. | 163. | 90. | 827 | Nastas, Niko | 1994 | m | Laufteam Ketteler-Schule | 06:29 |
| 24. | 180. | 101. | 871 | Lehnert, Phil | 1994 | m | SC Hagen-Wildewiese | 06:39 |
| 25. | 181. | 102. | 36 | Ucar, Mustafa | 1994 | m | Wittekind Runners Hamm | 06:40 |
| 26. | 183. | 103. | 966 | Moser, Andre | 1994 | m | BSV Fürstenberg | 06:41 |
| 27. | 198. | 110. | 882 | Wiggermann, Jonas | 1994 | m | Lauffreunde Bönen 1985 e.V | 06:50 |

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|-----|------|------|-----|--------------------|------|---|----------------------------|-------|
| 28. | 207. | 115. | 129 | Terlau, René | 1994 | m | TuS Sundern/Leichtathletik | 06:53 |
| 29. | 219. | 122. | 828 | Ströker, Kevin | 1994 | m | Laufteam Ketteler-Schule | 07:04 |
| 30. | 243. | 129. | 144 | Schmittgen, Oliver | 1994 | m | SV Berlar | 07:27 |
| 31. | 252. | 130. | 815 | Özden, Funda Nur | 1994 | m | Laufteam Ketteler-Schule | 07:35 |
| 32. | 296. | 148. | 303 | Reisige, Marvin | 1994 | m | Lauffreunde Bönen 1985 e.V | 08:34 |

M13

| | | | | | | | | |
|-----|------|------|-----|----------------------|------|---|-----------------------------------|-------|
| 1. | 1. | 1. | 492 | Pietak, Philipp | 1993 | m | LAC Veltins VFL Fleckenberg | 04:56 |
| 2. | 3. | 3. | 478 | Bertels, Max | 1993 | m | TSV Bigge-Olsberg | 05:00 |
| 3. | 10. | 9. | 33 | Karabulut, Tugay | 1993 | m | Wittekind Runners Hamm | 05:21 |
| 4. | 15. | 12. | 218 | Hoffmann, Chris | 1993 | m | Ski-Club Bödefeld | 05:24 |
| 5. | 17. | 13. | 477 | Hengsbach, Jan | 1993 | m | TSV Bigge-Olsberg | 05:25 |
| 6. | 26. | 19. | 873 | Steinberg, Robin | 1993 | m | SC Hagen-Wildewiese | 05:31 |
| 7. | 31. | 24. | 193 | Strauch, Timo | 1993 | m | LAC Veltins Tus Bruchhausen 09 | 05:32 |
| 7. | 29. | 22. | 436 | Schwalm, Marcus | 1993 | m | VFL Sassenberg | 05:32 |
| 9. | 32. | 25. | 732 | Schneider, Mike | 1993 | m | LAC Veltins TV Fredeburg | 05:33 |
| 10. | 44. | 29. | 967 | Nagel, Sergej | 1993 | m | BSV Fürstenberg | 05:41 |
| 11. | 52. | 34. | 219 | Lehnert, Maurice | 1993 | m | Ski-Club Bödefeld | 05:46 |
| 12. | 60. | 37. | 831 | Wöstemeier, Florian | 1993 | m | Laufteam Ketteler-Schule | 05:52 |
| 12. | 62. | 37. | 923 | Flechtner, Kay | 1993 | m | LAC Veltins TuRa Freienohl | 05:52 |
| 14. | 63. | 39. | 733 | Hömberg, Daniel | 1993 | m | LAC Veltins TV Fredeburg | 05:53 |
| 15. | 71. | 44. | 386 | Belessis, Stefano | 1993 | m | LAC Veltins TV 1890 Schmallenberg | 05:54 |
| 16. | 73. | 46. | 435 | Junker, Torben | 1993 | m | VFL Sassenberg | 05:55 |
| 17. | 98. | 58. | 198 | Wippermann, Benedikt | 1993 | m | TuS Valmetal e.V. | 06:03 |
| 18. | 101. | 60. | 826 | Lübbert, Jan | 1993 | m | Laufteam Ketteler-Schule | 06:04 |
| 19. | 102. | 61. | 498 | Kamit, Erdem | 1993 | m | TuS Valmetal e.V. | 06:05 |
| 20. | 106. | 64. | 284 | Maletz, Henrik | 1993 | m | Lauffreunde Bönen 1985 e.V | 06:06 |
| 21. | 110. | 66. | 824 | Austermann, Tim | 1993 | m | Laufteam Ketteler-Schule | 06:07 |
| 22. | 157. | 88. | 883 | Mainka, Maximilian | 1993 | m | Lauffreunde Bönen 1985 e.V | 06:28 |
| 23. | 179. | 100. | 104 | Gebauer, Sören | 1993 | m | Landeier | 06:39 |
| 24. | 221. | 123. | 160 | Büttner, Steffen | 1993 | m | LAC Veltins TuRa Freienohl | 07:05 |
| 25. | 241. | 128. | 287 | Walter, Jan-Oliver | 1993 | m | Lauffreunde Bönen 1985 e.V | 07:25 |
| 26. | 259. | 135. | 288 | Bender, Jan | 1993 | m | Lauffreunde Bönen 1985 e.V | 07:43 |
| 27. | 274. | 141. | 829 | Stukemeier, Jan | 1993 | m | Laufteam Ketteler-Schule | 08:03 |

Goldgräberlauf 2,7km

W14

| | | | | | | | | |
|-----|-----|-----|-----|-----------------------|------|---|------------------------------|-------|
| 1. | 15. | 3. | 134 | Sommer, Sarah | 1992 | w | TV Neheim | 10:52 |
| 2. | 17. | 5. | 410 | Ruthmann, Sarah | 1992 | w | LG Emsaue 04 - Team Clarholz | 10:53 |
| 3. | 21. | 6. | 908 | Giacco, Caterina | 1992 | w | LAC Veltins Hochsauerland | 11:10 |
| 4. | 26. | 9. | 408 | Brüggemann, Stephanie | 1992 | w | LG Emsaue 04 - Team Clarholz | 11:28 |
| 5. | 28. | 10. | 409 | Mathmann, Anna Lena | 1992 | w | LG Emsaue 04 - Team Clarholz | 11:38 |
| 6. | 32. | 14. | 212 | Sperke, Frederike | 1992 | w | SC Fretter | 12:13 |
| 7. | 40. | 15. | 211 | Sperke, Dana | 1992 | w | SC Fretter | 12:33 |
| 8. | 42. | 16. | 364 | Pöttgen, Ines | 1992 | w | LAC Veltins Hochsauerland | 12:51 |
| 9. | 46. | 18. | 245 | Heymann, Fee | 1992 | w | Lauffreunde Bönen 1985 e.V | 13:04 |
| 10. | 52. | 22. | 244 | Kloosterboer, Pia | 1992 | w | Lauffreunde Bönen 1985 e.V | 13:29 |
| 11. | 59. | 24. | 147 | Knollmann, Annika | 1992 | w | LC Soester Börde | 14:13 |
| 12. | 63. | 26. | 242 | Frey, Lena | 1992 | w | Lauffreunde Bönen 1985 e.V | 14:19 |

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|--------------------|-----|-----|-----|---------------------------|------|---|-----------------------------------|-------|
| 13. | 65. | 28. | 65 | Kraus, Laura | 1992 | w | Wittekind Runners Hamm | 14:59 |
| 14. | 71. | 31. | 449 | Stengl, Jana | 1992 | w | TV Werne 03 | 15:15 |
| 15. | 79. | 34. | 834 | Gödecke-Westhues, Kirsten | 1992 | w | Laufteam Ketteler-Schule | 19:41 |
| 16. | 82. | 37. | 964 | Schrey, Lara | 1992 | w | (Köln) | 20:26 |
| W15 | | | | | | | | |
| 1. | 14. | 2. | 917 | Pochopien, Nicole | 1991 | w | SC Hagen-Wildewiese | 10:30 |
| 2. | 25. | 8. | 429 | Menke, Raphaela | 1991 | w | VFL Sassenberg | 11:25 |
| 3. | 45. | 17. | 877 | Schütz, Leonie | 1991 | w | SC Hagen-Wildewiese | 12:59 |
| 4. | 48. | 20. | 430 | Wächter, Karina | 1991 | w | VFL Sassenberg | 13:18 |
| 5. | 69. | 30. | 363 | Simon, Veronika | 1991 | w | Blau-Weiß Verlar | 15:04 |
| 6. | 72. | 32. | 838 | Herzog, Tina | 1991 | w | Laufteam Ketteler-Schule | 15:42 |
| 7. | 81. | 36. | 963 | Kühn, Jarina | 1991 | w | (Köln) | 20:25 |
| w. Jugend B | | | | | | | | |
| 1. | 7. | 1. | 979 | Schrulle, Mareike | 1989 | w | LAC Veltins Hochsauerland | 10:05 |
| 2. | 16. | 4. | 978 | Hieronymus, Paula | 1990 | w | LAC Veltins Hochsauerland | 10:52 |
| 3. | 23. | 7. | 389 | Schulte, Sarah | 1990 | w | LAC Veltins TV 1890 Schmallenberg | 11:22 |
| 4. | 29. | 11. | 948 | Vielhaber, Caroline | 1989 | w | LAC Veltins Hochsauerland | 11:39 |
| 5. | 30. | 12. | 210 | Rosenthal, Inga | 1990 | w | SC Fretter | 11:53 |
| 6. | 31. | 13. | 209 | Henkel, Kim | 1990 | w | SC Fretter | 12:04 |
| 7. | 49. | 21. | 835 | Grigorjan, Lusine | 1989 | w | Laufteam Ketteler-Schule | 13:21 |
| 8. | 56. | 23. | 240 | Stoepel, Daniela | 1990 | w | Lauffreunde Bönen 1985 e.V | 13:51 |
| 9. | 64. | 27. | 239 | Stoepel, Jennifer | 1989 | w | Lauffreunde Bönen 1985 e.V | 14:39 |
| 10. | 66. | 29. | 944 | Bauer, Lena | 1990 | w | (Salzkotten) | 15:03 |
| 11. | 78. | 33. | 879 | Klammt, Elena | 1990 | w | SC Hagen-Wildewiese | 19:22 |
| w. Jugend A | | | | | | | | |
| 1. | 47. | 19. | 238 | Stoepel, Corinna | 1987 | w | Lauffreunde Bönen 1985 e.V | 13:13 |
| 2. | 60. | 25. | 241 | Harbach, Janine | 1987 | w | Lauffreunde Bönen 1985 e.V | 14:16 |
| 3. | 80. | 35. | 68 | Klode, Anna | 1987 | w | Wittekind Runners Hamm | 19:46 |
| M14 | | | | | | | | |
| 1. | 12. | 11. | 875 | Schröder, Konrad | 1992 | m | SC Hagen-Wildewiese | 10:18 |
| 2. | 18. | 13. | 103 | Gebauer, Marvin | 1992 | m | Landeier | 10:53 |
| 3. | 20. | 15. | 939 | Péus, Marc | 1992 | m | TuS Velmede-Bestwig | 11:08 |
| 4. | 33. | 19. | 833 | Dehkan, Payam | 1992 | m | Laufteam Ketteler-Schule | 12:18 |
| 5. | 34. | 20. | 246 | Lüblinghoff, Matthias | 1992 | m | Lauffreunde Bönen 1985 e.V | 12:19 |
| 5. | 34. | 20. | 243 | Drees, Thorben | 1992 | m | Lauffreunde Bönen 1985 e.V | 12:19 |
| 7. | 36. | 22. | 840 | Reitschew, Vladimir | 1992 | m | Laufteam Ketteler-Schule | 12:30 |
| 8. | 38. | 24. | 841 | Ritschel, Yannik | 1992 | m | Laufteam Ketteler-Schule | 12:31 |
| 8. | 38. | 24. | 235 | Brune, Kevin | 1992 | m | Ski-Club Bödefeld | 12:31 |
| 10. | 43. | 27. | 247 | Lüblinghoff, Sebastian | 1992 | m | Lauffreunde Bönen 1985 e.V | 12:55 |
| 11. | 53. | 31. | 248 | Grosskopp, Max | 1992 | m | Lauffreunde Bönen 1985 e.V | 13:43 |
| 12. | 58. | 35. | 874 | Behme, Mathias | 1992 | m | SC Hagen-Wildewiese | 14:12 |
| 13. | 67. | 38. | 39 | Bayir, Resul | 1992 | m | Wittekind Runners Hamm | 15:03 |
| 14. | 73. | 41. | 832 | Blume, Marvin | 1992 | m | Laufteam Ketteler-Schule | 16:04 |
| 15. | 74. | 42. | 66 | Wieland, Marcel | 1992 | m | Wittekind Runners Hamm | 16:14 |
| 16. | 75. | 43. | 735 | Triebler, Daniel | 1992 | m | SC Wilzenberg | 17:01 |
| 17. | 77. | 45. | 839 | Kuptz, Matthäus | 1992 | m | Laufteam Ketteler-Schule | 17:23 |
| M15 | | | | | | | | |

| | | | | | | | | |
|-----|-----|-----|-----|--------------------|------|---|---------------------------|-------|
| 1. | 6. | 6. | 947 | Schulz, Daniel | 1991 | m | LAC Veltins Hochsauerland | 10:02 |
| 2. | 8. | 7. | 909 | Greitemann, Simon | 1991 | m | SC Wilzenberg | 10:06 |
| 3. | 13. | 12. | 448 | Wolter, Florian | 1991 | m | TV Werne 03 | 10:25 |
| 4. | 19. | 14. | 437 | Temme, Henning | 1991 | m | VFL Sassenberg | 11:07 |
| 5. | 27. | 18. | 950 | Brüggemann, Matteo | 1991 | m | TV Arnsberg | 11:29 |
| 6. | 41. | 26. | 919 | Szeppner, Artur | 1991 | m | Laufteam Ketteler-Schule | 12:48 |
| 7. | 44. | 28. | 447 | Timmermann, Dennis | 1991 | m | TV Werne 03 | 12:58 |
| 8. | 51. | 30. | 910 | Schlüter, Fabian | 1991 | m | SC Wilzenberg | 13:28 |
| 9. | 57. | 34. | 951 | Dierig, Philip | 1991 | m | LAC Veltins Hochsauerland | 13:57 |
| 10. | 61. | 36. | 911 | Thill, Matthias | 1991 | m | SC Wilzenberg | 14:17 |
| 11. | 62. | 37. | 183 | Ladage, Kevin | 1991 | m | TV Neheim | 14:18 |
| 12. | 70. | 40. | 38 | Cirik, Süleyman | 1991 | m | Wittekind Runners Hamm | 15:04 |
| 13. | 76. | 44. | 40 | Böyükbas, Fatih | 1991 | m | Wittekind Runners Hamm | 17:21 |

m. Jugend B

| | | | | | | | | |
|-----|-----|-----|-----|--------------------|------|---|-----------------------------|-------|
| 1. | 3. | 3. | 921 | Gawehn, Steffen | 1990 | m | LAC Veltins VFL Fleckenberg | 09:30 |
| 2. | 5. | 5. | 878 | Schröder, Magnus | 1990 | m | SC Hagen-Wildewiese | 09:42 |
| 3. | 9. | 8. | 445 | Brocke, Julian | 1990 | m | TV Werne 03 | 10:12 |
| 3. | 9. | 8. | 444 | Freytag, Jan | 1990 | m | TV Werne 03 | 10:12 |
| 5. | 11. | 10. | 446 | Weber, Lukas | 1990 | m | TV Werne 03 | 10:17 |
| 6. | 24. | 17. | 438 | Polomka, Alexander | 1990 | m | VFL Sassenberg | 11:23 |
| 7. | 37. | 23. | 845 | Wrede, Daniel | 1990 | m | Laufteam Ketteler-Schule | 12:30 |
| 8. | 50. | 29. | 844 | Wallmeyer, Sven | 1990 | m | Laufteam Ketteler-Schule | 13:26 |
| 9. | 54. | 32. | 843 | Schmidt, Tom | 1990 | m | Laufteam Ketteler-Schule | 13:45 |
| 10. | 55. | 33. | 920 | Owen, Andrew | 1990 | m | Laufteam Ketteler-Schule | 13:50 |
| 11. | 68. | 39. | 837 | Henrichsmeier, Jan | 1990 | m | Laufteam Ketteler-Schule | 15:03 |

m. Jugend A

| | | | | | | | | |
|----|-----|-----|-----|---------------------|------|---|---------------------------|-------|
| 1. | 1. | 1. | 945 | Busch, Gabriel | 1987 | m | LAC Veltins Hochsauerland | 08:56 |
| 2. | 2. | 2. | 977 | Vielhaber, Frederik | 1988 | m | LAC Veltins Hochsauerland | 09:15 |
| 3. | 4. | 4. | 439 | Rolf, Christoph | 1988 | m | VFL Sassenberg | 09:30 |
| 4. | 22. | 16. | 362 | Simon, Benedikt | 1988 | m | Blau-Weiß Verlar | 11:19 |

Golden Nugget Lauf 8 km

Frauen

| | | | | | | | | |
|----|----|----|-----|------------------------|------|---|-----------------------------|-------|
| 1. | 3. | 1. | 347 | Lex, Annette | 1964 | w | BSV Bergheim | 70:25 |
| 2. | 4. | 2. | 380 | Göbel, Christiane | 1964 | w | (Olsberg) | 71:08 |
| 3. | 6. | 3. | 340 | Tschornia, Michaela | 1969 | w | SW Andreasberg | 74:52 |
| 4. | 7. | 4. | 952 | Balkenhol, Maria | 1959 | w | (Olsberg) | 78:03 |
| 5. | 8. | 5. | 379 | Vorderwülbecke, Angela | 1963 | w | (Olsberg) | 78:10 |
| 6. | 9. | 6. | 87 | Winter, Annette | 1964 | w | TuS Hamborn-Neumühl 07 e.V. | 79:41 |

Männer

| | | | | | | | | |
|----|----|----|-----|-----------------|------|---|-------------------------|-------|
| 1. | 1. | 1. | 337 | Siewer, Hajo | 1952 | m | Skiclub Olpe | 54:46 |
| 2. | 2. | 2. | 329 | Mies, Jürgen | 1968 | m | Nordic Walker Team Elpe | 63:50 |
| 3. | 5. | 3. | 98 | Schell, Andreas | 1969 | m | Landeier | 74:42 |

Davy Crockett Lauf 2,7km

Frauen

| | | | | | | | | |
|----|-----|----|-----|-----------------------|------|---|----------------------------|-------|
| 1. | 2. | 1. | 255 | Walter, Katrin | 1980 | w | Lauffreunde Bönen 1985 e.V | 10:13 |
| 2. | 5. | 2. | 274 | Reisige-Muhr, Bettina | 1967 | w | Lauffreunde Bönen 1985 e.V | 11:34 |
| 3. | 11. | 3. | 253 | Maletz, Manuela | 1964 | w | Lauffreunde Bönen 1985 e.V | 12:43 |

| | | | | | | | | |
|-----|-----|-----|------|----------------------|------|---|----------------------------|-------|
| 4. | 21. | 4. | 41 | Meidenstein, Denise | 1992 | w | Wittekind Runners Hamm | 14:14 |
| 5. | 22. | 5. | 251 | Bartmann, Britta | 1967 | w | Lauffreunde Bönen 1985 e.V | 14:17 |
| 6. | 25. | 6. | 192 | Simon, Franziska | 1953 | w | Blau-Weiß Verlar | 15:35 |
| 7. | 26. | 7. | 1000 | Hamm-Blügel, Antonia | 1952 | w | | 15:35 |
| 8. | 28. | 8. | 995 | Zarezke, Elena | 1972 | w | LT Güntersen | 16:08 |
| 9. | 30. | 9. | 272 | Franke, Doris | 1955 | w | Lauffreunde Bönen 1985 e.V | 17:30 |
| 10. | 31. | 10. | 173 | Walter, Klaudia | 1992 | w | Wittekind Runners Hamm | 18:21 |
| 11. | 32. | 11. | 174 | Cakir, Elif | 1992 | w | Wittekind Runners Hamm | 19:09 |
| 12. | 33. | 12. | 42 | Valensky, Saskia | 1979 | w | Wittekind Runners Hamm | 19:09 |

Männer

| | | | | | | | | |
|-----|-----|-----|-----|-----------------------|------|---|----------------------------|-------|
| 1. | 1. | 1. | 994 | Jünemann, Bernhard | 1953 | m | LT Güntersen | 9:59 |
| 2. | 3. | 2. | 999 | Quitschorek, Martin | 1968 | m | LAC Veltins Hochsauerland | 10:23 |
| 3. | 4. | 3. | 930 | Homerpeik, Reinhard | 1966 | m | | 10:59 |
| 4. | 6. | 4. | 172 | Hobein, Peter | 1986 | m | LAC Veltins TuRa Freienohl | 11:38 |
| 5. | 7. | 5. | 305 | Kluge, Carsten | 1967 | m | Lauffreunde Bönen 1985 e.V | 11:56 |
| 6. | 8. | 6. | 941 | Liesen, Hubert | 1956 | m | TSV Bigge-Olsberg | 12:07 |
| 7. | 9. | 7. | 348 | Lex, Markus | 1965 | m | BSV Bergheim | 12:35 |
| 8. | 10. | 8. | 250 | Bartmann, Ralf | 1966 | m | Lauffreunde Bönen 1985 e.V | 12:37 |
| 9. | 12. | 9. | 152 | Behrens, Björn | 1985 | m | Feuerwehr Andreasberg | 12:51 |
| 10. | 13. | 10. | 256 | Walter, Lothar | 1950 | m | Lauffreunde Bönen 1985 e.V | 12:56 |
| 11. | 14. | 11. | 270 | Kloosterboer, Gerard | 1958 | m | Lauffreunde Bönen 1985 e.V | 12:58 |
| 12. | 15. | 12. | 885 | Garcia, Ismael | 1979 | m | Lauffreunde Bönen 1985 e.V | 13:42 |
| 13. | 16. | 13. | 738 | Brudny, Henryk | 1965 | m | SC Lentis | 13:46 |
| 14. | 17. | 14. | 345 | Scholand, Erwin | 1956 | m | PSV Brilon | 13:49 |
| 15. | 18. | 15. | 397 | Helmer, Joachim | 1960 | m | FTG Frankfurt | 13:51 |
| 16. | 19. | 16. | 261 | Gersie, Claus | 1966 | m | Lauffreunde Bönen 1985 e.V | 13:57 |
| 17. | 20. | 17. | 943 | Wibbeke, Tim Michael | 1971 | m | DAV Hochsauerland | 14:03 |
| 18. | 23. | 18. | 43 | Holthoff, Heinz-Willi | 1955 | m | Wittekind Runners Hamm | 14:19 |
| 19. | 24. | 19. | 958 | Fuchs, Gottfried | 1965 | m | SuS Reiste | 14:31 |
| 20. | 27. | 20. | 959 | Erdmann, Dietmar | 1966 | m | SuS Reiste | 15:57 |
| 21. | 29. | 21. | 271 | Franke, Ralf | 1966 | m | Lauffreunde Bönen 1985 e.V | 17:24 |

Wildwestlauf 10km

Frauen

| | | | | | | | | |
|----|-----|-----|------|----------------|------|---|----------------------------|-------|
| 1. | 15. | 2. | 1016 | Walter, Katrin | 1980 | w | Lauffreunde Bönen 1985 e.V | 42:59 |
| 2. | 43. | 9. | 1004 | Braune, Nicole | 1984 | w | LAC Veltins TuS Bödefeld | 50:38 |
| 3. | 58. | 13. | 996 | Wolf, Helen | 1986 | w | TUS Wennemen | 53:01 |
| 4. | 78. | 20. | 1003 | Kettler, Nina | 1981 | w | TuS Velmede-Bestwig | 64:22 |

W30

| | | | | | | | | |
|----|-----|-----|-----|------------------|------|---|--------------|-------|
| 1. | 14. | 1. | 319 | Cramer, Luciene | 1972 | w | (Warstein) | 42:32 |
| 2. | 72. | 17. | 179 | Esser, Alexandra | 1974 | w | BRV Hoppecke | 59:19 |

W35

| | | | | | | | | |
|----|-----|-----|-----|-----------------------|------|---|----------------------------|-------|
| 1. | 29. | 3. | 306 | Kluge, Silke | 1969 | w | Lauffreunde Bönen 1985 e.V | 45:49 |
| 2. | 35. | 4. | 308 | Brinkmann, Susanne | 1968 | w | Lauffreunde Bönen 1985 e.V | 49:32 |
| 3. | 37. | 5. | 95 | Gebauer, Silke | 1967 | w | Landeier | 49:49 |
| 4. | 41. | 7. | 371 | Quitschorek, Stefanie | 1969 | w | LAC Veltins Hochsauerland | 50:14 |
| 5. | 42. | 8. | 97 | Ramachandran, Rennie | 1968 | w | Landeier | 50:37 |
| 6. | 45. | 10. | 96 | Bäcker, Michaela | 1969 | w | Landeier | 50:46 |

| | | | | | | | | |
|---------------|-----|-----|------|------------------------|------|---|-----------------------------------|-------|
| 7. | 67. | 15. | 987 | Bergmann, Kerstin | 1967 | w | (Dortmund) | 56:35 |
| 8. | 70. | 16. | 316 | Brand, Karen | 1969 | w | (Sundern) | 58:35 |
| W40 | | | | | | | | |
| 1. | 38. | 6. | 475 | Preuß, Anita | 1964 | w | SC Siedlinghausen | 49:58 |
| 2. | 48. | 11. | 488 | Bauer, Angela | 1964 | w | LAC Veltins VFL Fleckenberg | 50:59 |
| 3. | 51. | 12. | 991 | Spancken, Petra | 1963 | w | Vega Sprinter Hennesee | 51:30 |
| 4. | 77. | 19. | 185 | Otte, Corinna | 1966 | w | Brilon-Alme | 64:08 |
| W45 | | | | | | | | |
| 1. | 75. | 18. | 1001 | Kettler, Ursula | 1959 | w | LAC Veltins TuS Bödefeld | 61:33 |
| W50 | | | | | | | | |
| 1. | 59. | 14. | 1014 | Rickert, Maria | 1954 | w | SV Wormbach | 53:19 |
| Männer | | | | | | | | |
| 1. | 3. | 3. | 946 | Habranke, Benjamin | 1985 | m | LAC Veltins Hochsauerland | 37:38 |
| 2. | 8. | 8. | 1013 | Eickel, Klaus | 1985 | m | LGO Bochum | 40:07 |
| 3. | 11. | 11. | 988 | Hilger, Christoph | 1985 | m | LAC Veltins Hochsauerland | 41:56 |
| 4. | 13. | 13. | 1008 | Schröder, Markus | 1979 | m | www.Die-U-Boote.de | 42:27 |
| 5. | 16. | 14. | 1010 | Busch, Gabriel | 1987 | m | LAC Veltins Hochsauerland | 43:01 |
| 6. | 31. | 28. | 169 | Marly, Arthur | 1990 | m | LAC Veltins TuRa Freienohl | 46:24 |
| 7. | 50. | 39. | 91 | Biletzky, Christopher | 1990 | m | TuS Bödefeld | 51:28 |
| 8. | 62. | 48. | 184 | Natesta, Christian | 1983 | m | (Bestwig) | 55:15 |
| M30 | | | | | | | | |
| 1. | 4. | 4. | 1005 | Pöppel, Swen | 1974 | m | SK Wunderthausen | 37:58 |
| 2. | 39. | 33. | 998 | Abels, Frank | 1974 | m | (Olsberg) | 50:06 |
| 3. | 76. | 58. | 981 | Thomsen, Marcel | 1973 | m | LT Olsberg | 63:41 |
| M35 | | | | | | | | |
| 1. | 1. | 1. | 1012 | Becker, Oliver | 1969 | m | LGO Bochum | 37:06 |
| 2. | 5. | 5. | 1015 | Schuster, Holger | 1969 | m | TSV Rönsahl | 38:53 |
| 3. | 6. | 6. | 468 | Theine, Stefan | 1968 | m | SC Siedlinghausen | 39:41 |
| 4. | 19. | 17. | 23 | Blume, Dietmar | 1971 | m | LAC Veltins TV Herdringen | 43:42 |
| 5. | 24. | 22. | 136 | Neurath, Peter | 1970 | m | (Bestwig) | 45:06 |
| 6. | 30. | 27. | 1 | Quitschorek, Martin | 1968 | m | LAC Veltins Hochsauerland | 45:49 |
| 7. | 36. | 32. | 333 | Ricken, Markus | 1969 | m | LAC Veltins TuS Velmede-Bestwig | 49:41 |
| 8. | 40. | 34. | 1009 | Leske, Jörg | 1969 | m | www.Die-U-Boote.de | 50:11 |
| 9. | 56. | 44. | 25 | Dr. Vogt, Volker | 1969 | m | SSV Meschede | 52:52 |
| 10. | 68. | 53. | 466 | Kolbe, Wolf | 1967 | m | SC Siedlinghausen | 57:46 |
| M40 | | | | | | | | |
| 1. | 2. | 2. | 965 | Asmuth, Dominik | 1964 | m | TGH Wetter | 37:29 |
| 2. | 9. | 9. | 186 | Schäfers, Franz-Josef | 1963 | m | SV 21 Büren | 41:04 |
| 3. | 26. | 24. | 390 | Zecha, Felix | 1963 | m | LAC Veltins TV 1890 Schmallenberg | 45:31 |
| 4. | 27. | 25. | 929 | Pavone, Klaus | 1963 | m | SSV Allendorf | 45:38 |
| 5. | 28. | 26. | 339 | Thomas, Brand | 1962 | m | (Sundern) | 45:39 |
| 6. | 34. | 31. | 918 | Pochopien, Jacek | 1965 | m | SC Hagen-Wildewiese | 49:21 |
| 7. | 57. | 45. | 992 | Alliger, Jürgen | 1965 | m | Vega Sprinter Hennesee | 53:00 |
| 8. | 63. | 49. | 76 | Scheeren, Ulrich | 1965 | m | TuS Valmetal e.V. | 55:20 |
| 9. | 71. | 55. | 191 | Schulte-Ladage, Thomas | 1964 | m | Laufgruppe TV Neheim | 58:41 |
| M45 | | | | | | | | |
| 1. | 7. | 7. | 441 | Rösner, Volker | 1961 | m | TV Werne 03 | 39:43 |

| | | | | | | | | |
|-----|-----|-----|------|-----------------------|------|---|------------------------------------|-------|
| 2. | 10. | 10. | 881 | Vetter, Andre | 1958 | m | SC Hagen-Wildewiese | 41:26 |
| 3. | 21. | 19. | 314 | Baust, Norbert | 1959 | m | LAC Veltins Hochsauerland TV Calle | 43:53 |
| 4. | 22. | 20. | 440 | Schmidt, Uwe | 1961 | m | TV Werne 03 | 44:03 |
| 5. | 23. | 21. | 20 | Dunker, Dieter | 1957 | m | LAC Veltins Hochsauerland | 44:21 |
| 6. | 25. | 23. | 1020 | Tittel, Gerd | 1960 | m | TuS Velmede-Bestwig | 45:20 |
| 7. | 33. | 30. | 10 | Finkensiep, Dirk | 1959 | m | LWT Ümminger See / Bochum | 48:46 |
| 8. | 53. | 41. | 9 | Paassen, Karel | 1957 | m | TuS Vosswinkel | 51:58 |
| 9. | 65. | 51. | 980 | Bermann, Udo | 1960 | m | | 56:28 |
| 10. | 66. | 52. | 324 | Gödde, Martin | 1960 | m | TUS Nuttlar | 56:33 |
| 11. | 69. | 54. | 351 | Pollmann, Josef Georg | 1959 | m | LAC Veltins Hochsauerland | 57:55 |
| 12. | 73. | 56. | 89 | Winter, Michael | 1960 | m | (Duisburg) | 59:58 |
| 13. | 74. | 57. | 88 | Winter, Martin | 1959 | m | TuS Hamborn-Neumühl 07 e.V. | 60:45 |

M50

| | | | | | | | | |
|----|-----|-----|------|--------------------|------|---|-------------------------------|-------|
| 1. | 17. | 15. | 496 | Wulf, Herbert | 1952 | m | LAC Veltins VFL Fleckenberg | 43:06 |
| 2. | 18. | 16. | 171 | Büttner, Wilfried | 1954 | m | LAC Veltins TuRa Freienohl | 43:23 |
| 3. | 46. | 36. | 1007 | Kettler, Georg | 1954 | m | LAC Veltins TuS Bödefeld | 50:55 |
| 4. | 47. | 37. | 990 | Kleine, Ludger | 1952 | m | LAC Veltins TuS Valmetal e.V. | 50:57 |
| 5. | 49. | 38. | 1017 | Klauke, Karl-Josef | 1954 | m | LAC Veltins TuS Bödefeld | 51:18 |
| 6. | 54. | 42. | 480 | Schulte, Gerhard | 1956 | m | (Eslohe) | 52:14 |
| 7. | 55. | 43. | 997 | Hofmann, Rainer | 1954 | m | Vega Sprinter Hennesee | 52:24 |

M55

| | | | | | | | | |
|----|-----|-----|------|-------------------|------|---|---------------------------------|-------|
| 1. | 12. | 12. | 1018 | Schröder, Elmar | 1950 | m | LAC Veltins TuS Bödefeld | 42:11 |
| 2. | 20. | 18. | 1006 | Rickert, Bernhard | 1950 | m | LAC Veltins Hochsauerland | 43:47 |
| 3. | 32. | 29. | 1011 | Häger, Dietmar | 1948 | m | LAC Veltins Tus Velmede-Bestwig | 48:21 |
| 4. | 44. | 35. | 307 | Stoepel, Hartmut | 1950 | m | Lauffreunde Bönen 1985 e.V | 50:38 |
| 5. | 60. | 46. | 1019 | Köster, Hubert | 1947 | m | LAC Veltins TuS Bödefeld | 53:24 |
| 6. | 61. | 47. | 336 | Senge, Jochen | 1949 | m | LAC Veltins TuS Bödefeld | 54:59 |

M60

| | | | | | | | | |
|----|-----|-----|-----|-------------------|------|---|----------------------------|-------|
| 1. | 52. | 40. | 249 | Dieckmann, Lothar | 1944 | m | Lauffreunde Bönen 1985 e.V | 51:43 |
|----|-----|-----|-----|-------------------|------|---|----------------------------|-------|

M65

| | | | | | | | | |
|----|-----|-----|-----|-------------------|------|---|----------------------------|-------|
| 1. | 64. | 50. | 922 | Spielmann, Roland | 1940 | m | LAC Veltins TuRa Freienohl | 56:20 |
|----|-----|-----|-----|-------------------|------|---|----------------------------|-------|